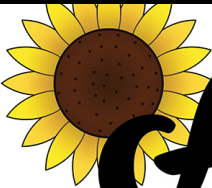
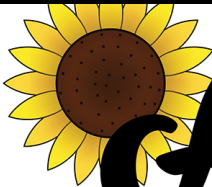


| Sunday                                                                                                                                                                                                                                   | Monday                                                                                                                                              | Tuesday                                                                                                                                                   | Wednesday                                                                                                                                  | Thursday                                                                                                                                      | Friday                                                                                                                               | Saturday                                                                                                                                  |
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| New Hope White Lake<br>Memory Care Day Calendar   <h1>August 2026</h1> |                                                                                                                                                     |                                                                                                                                                           |                                                                                                                                            |                                                                                                                                               |                                                                                                                                      | 10AM: exercise<br>10:30AM: Figures of speech<br>11AM: Walking<br>1PM: Ring Toss<br>2PM: Word search<br>3PM: Jenga<br>4PM: Pre-dinner walk |
| 10AM: stretching<br>10:30AM: Basketball<br>11AM: Walking<br>1PM: Beachball volleyball<br>2PM: Jenga<br>3PM: Bingo<br>4PM: Pre-dinner walk                                                                                                | 10AM: church<br>10:30AM: exercise<br>11AM: Walking<br>1PM: Bowling<br>2PM: Phil May Music<br>3PM: Word Game<br>4PM: Pre-dinner walk                 | 10AM: stretching<br>10:30AM: ? Game<br>11AM: Walking<br>1PM: Beachball volleyball<br>2PM: Bingo<br>3PM: Cardio drumming<br>4PM: Pre-dinner walk           | 10AM: exercise<br>10:30AM:<br>11AM: Walking<br>1PM: Park outing<br>2PM: Wonder Wednesday<br>3PM: Word Game<br>4PM: Pre-dinner walk         | 10AM: Mass<br>10:30AM: Stretching<br>11AM: Walking<br>1PM: Bowling<br>2PM: Bingo<br>3PM: Thankful Thursday<br>4PM: Pre-dinner walk            | 10AM: stretching<br>10:30AM:<br>11AM: Walking<br>1PM: Balloon game<br>2PM: Cardio drumming<br>3PM: Word Game<br>4PM: Pre-dinner walk | 10AM: exercise<br>10:30AM: ? Game<br>11AM: Walking<br>1PM: Bowling<br>2PM: Happy Hour<br>3PM: Wordle<br>4PM: Pre-dinner walk              |
| 10AM: stretching<br>10:30AM: Soccer<br>11AM: Walking<br>1PM: Beachball volleyball<br>2PM: Jenga<br>3PM: Bingo<br>4PM: Pre-dinner walk                                                                                                    | 10AM: Non-denominational church<br>10:30AM: exercise<br>11AM: Susie Manning<br>1PM: Bowling<br>2PM: Craft<br>3PM: Word Game<br>4PM: Pre-dinner walk | 10AM: stretching<br>10:30AM: ? Game<br>11AM: Walking<br>1PM: Beachball Volleyball<br>2PM: Bingo<br>3PM: Cardio drumming<br>4PM: Pre-dinner walk           | 10AM: exercise<br>10:30AM:<br>11AM: Walking<br>1PM: Park outing<br>2PM: Wonder Wednesday<br>3PM: Word Game<br>4PM: Pre-dinner walk         | 10AM: Rosary<br>10:30AM: Stretching<br>11AM: Walking<br>1PM: Flo+The Remnants<br>2PM: Bingo<br>3PM: Thankful Thursday<br>4PM: Pre-dinner walk | 10AM: stretching<br>10:30AM:<br>11AM: Walking<br>1PM: Balloon game<br>2PM: Cardio drumming<br>3PM: Word Game<br>4PM: Pre-dinner walk | 10AM: exercise<br>10:30AM: Figures of speech<br>11AM: Walking<br>1PM: Bowling<br>2PM: Jenga<br>3PM: Word search<br>4PM: Pre-dinner walk   |
| 10AM: stretching<br>10:30AM: Basketball<br>11AM: Walking<br>1PM: Beachball volleyball<br>2PM: Jenga<br>3PM: Bingo<br>4PM: Pre-dinner walk                                                                                                | 10AM: church<br>10:30AM: exercise<br>11AM: Walking<br>1PM: Antonio Music<br>2PM: Bowling<br>3PM: Word Game<br>4PM: Pre-dinner walk                  | 10AM: stretching<br>10:30AM: ? Game<br>11AM: Walking<br>1PM: Beachball volleyball<br>2PM: Bingo<br>3PM: Cardio drumming<br>4PM: Pre-dinner walk           | 10AM: exercise<br>10:30AM:<br>11AM: Walking<br>1PM: Wordle<br>2PM: Wonder Wednesday<br>3PM: Word Game<br>4PM: Pre-dinner walk              | 10AM: Mass<br>10:30AM: Stretching<br>11AM: Walking<br>1PM: Bowling<br>2PM: Bingo<br>3PM: Thankful Thursday<br>4PM: Pre-dinner walk            | 10AM: stretching<br>10:30AM:<br>11AM: Walking<br>1PM: Balloon game<br>2PM: Cardio drumming<br>3PM: Word Game<br>4PM: Pre-dinner walk | 10AM: exercise<br>10:30AM: Word search<br>11AM: Walking<br>1PM: Bowling<br>2PM: Happy Hour<br>3PM: Jenga<br>4PM: Pre-dinner walk          |
| 10AM: stretching<br>10:30AM: Soccer<br>11AM: Walking<br>1PM: Beachball volleyball<br>2PM: Jenga<br>3PM: Bingo<br>4PM: Pre-dinner walk                                                                                                    | 10AM: Non-denominational church<br>10:30AM: exercise<br>11AM: Walking<br>1PM: Bowling<br>2PM: Craft<br>3PM: Word Game<br>4PM: Pre-dinner walk       | 10AM: stretching<br>10:30AM: ? Game<br>11AM: Walking<br>1PM: Beachball volleyball<br>2PM: Bingo<br>3PM: Cardio drumming<br>4PM: Pre-dinner walk           | 10AM: exercise<br>10:30AM: Word Game<br>11AM: Walking<br>1PM: Carnival<br>2PM: Magic show<br>3PM: Wonder Wednesday<br>4PM: Pre-dinner walk | 10AM: Rosary<br>10:30AM: Stretching<br>11AM: Walking<br>1PM: Bowling<br>2PM: Bingo<br>3PM: Thankful Thursday<br>4PM: Pre-dinner walk          | 10AM: stretching<br>10:30AM:<br>11AM: Walking<br>1PM: Balloon game<br>2PM: Cardio drumming<br>3PM: Word Game<br>4PM: Pre-dinner walk | 10AM: exercise<br>10:30AM: Figures of speech<br>11AM: Walking<br>1PM: Bowling<br>2PM: Jenga<br>3PM: Word search<br>4PM: Pre-dinner walk   |
| 10AM: stretching<br>10:30AM: Basketball<br>11AM: Walking<br>1PM: Beachball volleyball<br>2PM: Jenga<br>3PM: Bingo<br>4PM: Pre-dinner walk                                                                                                | 10AM: church<br>10:30AM: exercise<br>11AM: Walking<br>1PM: Bowling<br>2PM: Craft<br>3PM: Word Game<br>4PM: Pre-dinner walk                          |  <p>NEW HOPE WHITE LAKE<br/>— ASSURED LIVING &amp; MEMORY CARE —</p> |                                                                                                                                            |                                                                                                                                               |                                                                                                                                      |                                                                                                                                           |

**\*ALL ACTIVITIES ARE SUBJECT TO CHANGE**    Green=Entertainment-Blue=Party

| Sunday                                                                                                                                                                                            | Monday                                                                                                         | Tuesday                                                                                                                                                                                                                                       | Wednesday                                                                                                | Thursday                                                                                                | Friday                                                                                                         | Saturday                                                                                                |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------|
| New Hope White Lake<br>Memory Care Evening<br>Calendar                                                                                                                                            |                                                                                                                |                                                                                                                                                                                                                                               |                                                                                                          |                                                                                                         |                                                                                                                | 5:30PM: Outside 1<br>6:00PM: Card Games<br>6:30PM: Cornhole<br>7:00PM: Ring Toss<br>7:30PM: Story Time  |
|   <h1>August</h1> <h2>2026</h2> |                                                                                                                |                                                                                                                                                                                                                                               |                                                                                                          |                                                                                                         |                                                                                                                |                                                                                                         |
| 5:30PM: Outside 2<br>6:00PM: Card Games<br>6:30PM: Cornhole<br>7:00PM: Ring Toss<br>7:30PM: Story Time                                                                                            | 5:30PM: Connect 3<br>Four<br>6:00PM: Parachute<br>6:30PM: Mind Full<br>7:00PM: Learning<br>7:30PM: Meditation  | 5:30PM: Outside 4<br>6:00PM: Card Games<br>6:30PM: Cornhole<br>7:00PM: Ring Toss<br>7:30PM: Story Time                                                                                                                                        | 5:30PM: Memory 5<br>Game<br>6:00PM: Painting<br>6:30PM: Sensory<br>7:00PM: Counting<br>7:30PM: Tea Time  | 5:30PM: Outside 6<br>6:00PM: Card Games<br>6:30PM: Cornhole<br>7:00PM: Ring Toss<br>7:30PM: Story Time  | 5:30PM: Connect 7<br>Four<br>6:00PM: Parachute<br>6:30PM: Mind Full<br>7:00PM: Learning<br>7:30PM: Meditation  | 5:30PM: Outside 8<br>6:00PM: Card Games<br>6:30PM: Cornhole<br>7:00PM: Ring Toss<br>7:30PM: Story Time  |
| 5:30PM: Outside 9<br>6:00PM: Card Games<br>6:30PM: Cornhole<br>7:00PM: Ring Toss<br>7:30PM: Story Time                                                                                            | 5:30PM: Connect 10<br>Four<br>6:00PM: Parachute<br>6:30PM: Mind Full<br>7:00PM: Learning<br>7:30PM: Meditation | 5:30PM: Outside 11<br>6:00PM: Card Games<br>6:30PM: Cornhole<br>7:00PM: Ring Toss<br>7:30PM: Story Time                                                                                                                                       | 5:30PM: Memory 12<br>Game<br>6:00PM: Painting<br>6:30PM: Sensory<br>7:00PM: Counting<br>7:30PM: Tea Time | 5:30PM: Outside 13<br>6:00PM: Card Games<br>6:30PM: Cornhole<br>7:00PM: Ring Toss<br>7:30PM: Story Time | 5:30PM: Connect 14<br>Four<br>6:00PM: Parachute<br>6:30PM: Mind Full<br>7:00PM: Learning<br>7:30PM: Meditation | 5:30PM: Outside 15<br>6:00PM: Card Games<br>6:30PM: Cornhole<br>7:00PM: Ring Toss<br>7:30PM: Story Time |
| 5:30PM: Outside 16<br>6:00PM: Card Games<br>6:30PM: Cornhole<br>7:00PM: Ring Toss<br>7:30PM: Story Time                                                                                           | 5:30PM: Connect 17<br>Four<br>6:00PM: Parachute<br>6:30PM: Mind Full<br>7:00PM: Learning<br>7:30PM: Meditation | 5:30PM: Outside 18<br>6:00PM: Card Games<br>6:30PM: Cornhole<br>7:00PM: Ring Toss<br>7:30PM: Story Time                                                                                                                                       | 5:30PM: Memory 19<br>Game<br>6:00PM: Painting<br>6:30PM: Sensory<br>7:00PM: Counting<br>7:30PM: Tea Time | 5:30PM: Outside 20<br>6:00PM: Card Games<br>6:30PM: Cornhole<br>7:00PM: Ring Toss<br>7:30PM: Story Time | 5:30PM: Connect 21<br>Four<br>6:00PM: Parachute<br>6:30PM: Mind Full<br>7:00PM: Learning<br>7:30PM: Meditation | 5:30PM: Outside 22<br>6:00PM: Card Games<br>6:30PM: Cornhole<br>7:00PM: Ring Toss<br>7:30PM: Story Time |
| 5:30PM: Outside 23<br>6:00PM: Card Games<br>6:30PM: Cornhole<br>7:00PM: Ring Toss<br>7:30PM: Story Time                                                                                           | 5:30PM: Connect 24<br>Four<br>6:00PM: Parachute<br>6:30PM: Mind Full<br>7:00PM: Learning<br>7:30PM: Meditation | 5:30PM: Outside 25<br>6:00PM: Card Games<br>6:30PM: Cornhole<br>7:00PM: Ring Toss<br>7:30PM: Story Time                                                                                                                                       | 5:30PM: Memory 26<br>Game<br>6:00PM: Painting<br>6:30PM: Sensory<br>7:00PM: Counting<br>7:30PM: Tea Time | 5:30PM: Outside 27<br>6:00PM: Card Games<br>6:30PM: Cornhole<br>7:00PM: Ring Toss<br>7:30PM: Story Time | 5:30PM: Connect 28<br>Four<br>6:00PM: Parachute<br>6:30PM: Mind Full<br>7:00PM: Learning<br>7:30PM: Meditation | 5:30PM: Outside 29<br>6:00PM: Card Games<br>6:30PM: Cornhole<br>7:00PM: Ring Toss<br>7:30PM: Story Time |
| 5:30PM: Outside 30<br>6:00PM: Card Games<br>6:30PM: Cornhole<br>7:00PM: Ring Toss<br>7:30PM: Story Time                                                                                           | 5:30PM: Connect 31<br>Four<br>6:00PM: Parachute<br>6:30PM: Mind Full<br>7:00PM: Learning<br>7:30PM: Meditation | <div>             August 2026              </div> <div>             NEW HOPE WHITE LAKE<br/> <small>— ASSISTED LIVING &amp; MEMORY CARE —</small> </div> |                                                                                                          |                                                                                                         |                                                                                                                |                                                                                                         |

\*ALL ACTIVITIES ARE SUBJECT TO CHANGE

| Sunday                                                                                                                                                                            | Monday                                                                                                                                                          | Tuesday                                                                                                                                                                          | Wednesday                                                                                                                                                              | Thursday                                                                                                                                                  | Friday                                                                                                                                                | Saturday                                                                                                                                                   |    |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------|----|
| <div><div></div><div><h1>August 2026</h1><h2>New Hope White Lake Assisted Living</h2></div></div> |                                                                                                                                                                 |                                                                                                                                                                                  |                                                                                                                                                                        |                                                                                                                                                           |                                                                                                                                                       | 10A Weekly Chronicle<br>10:30A Jenga<br>11:30A Lunch<br>1P How It's Made<br>2P Ice Cream Social<br>3P Walking Club<br>4P Bunco                             | 1  |
| 10A Mass<br>10:30A Walking Club<br>11:30A Lunch<br>1P Ice Cream Sandwiches!<br>2P Sunday Matinee<br>3P Walking Club<br>4P Jenga                                                   | 2<br>9:30A Worship Music<br>10A Church Stream<br>10:30A Mani Monday<br>11:30A Lunch<br>1P Bingo<br>2P Phil May<br>3P Watermelon on the Patio<br>4P Walking Club | 3<br>10A Exercise w/ PARC<br>10:30A Brain Games<br>11:30A Lunch<br>12:30P Bonnie and Poodles<br>1:15P Bible Study<br>2P OUTING: Walmart<br>2P Cookies & Games<br>3P Walking Club | 4<br>10A Exercise w/ PARC<br>10:30A Wordle<br>11:30A Lunch<br>1P Bingo<br>2P Trivia<br>2:30P OUTING: Mr. C<br>3P Walking Club<br>4P Cards                              | 5<br>10A Walking Club<br>10:30A Pop Quiz<br>11:30A Lunch<br>1P Mass & Communion<br>2P Root Beer Floats<br>3P Travel Thursday<br>4P Jenga                  | 6<br>10A Silver Sneakers<br>10:30A Game Show<br>11:30A Lunch<br>1P Bingo<br>2P Movie and Popcorn<br>3P Walking Club<br>4P Jenga                       | 7<br>10A Weekly Chronicle<br>10:30A Parachute<br>11:30A Lunch<br>1P How It's Made<br>2P Ice Cream Social<br>3P Walking Club<br>4P Jenga                    | 8  |
| 10A Mass<br>10:30A Walking Club<br>11:30A Lunch<br>1P Snacky Sunday<br>2P Sunday Matinee<br>3P Walking Club<br>4P Jenga                                                           | 9<br>9:30A Worship Music<br>10A Church Stream<br>10:30A Mani Monday<br>11:30A Lunch<br>1P Bingo<br>2P Masterpiece Monday<br>3P Bunco<br>Happy Birthday Carol!   | 10<br>10A Exercise w/ PARC<br>10:30A Brain Games<br>11:30A Lunch<br>1P Bible Study<br>2P Craft Corner<br>3P Walking Club<br>4P Cards                                             | 11<br>10A Exercise w/ PARC<br>10:30A Wordle<br>11:30A Lunch<br>1P Bingo<br>2:15P OUTING: Dollar Tree<br>2P Tech Corner<br>3P Walking Club                              | 12<br>10A Rosary & Communion<br>10:30A Walking Club<br>11:30A Lunch<br>1P Tea Party<br>2P Travel Thursday<br>3P Tranquil Touch<br>4P Jenga                | 13<br>10A Cardio Drumming<br>10A Outing: Salvation Army<br>10:30A Game Show<br>11:30A Lunch<br>1P Bingo<br>2:30P Happy Hour<br>3:30P Walking Club     | 14<br>10A Weekly Chronicle<br>10:30A Bean Bag Tic Tac Toe<br>11:30A Lunch<br>1P How It's Made<br>2P Spa Day!<br>3:30P: Kevin Wills                         | 15 |
| 10A Mass<br>10:30A Walking Club<br>11:30A Lunch<br>1P Snacky Sunday<br>2P Sunday Matinee<br>3P Walking Club<br>4P Jenga                                                           | 16<br>10A Church<br>10:30A Cardio Drumming<br>11:30A Lunch<br>1P Bingo<br>2P Mani Monday<br>3P Masterpiece Monday<br>4P Cards                                   | 17<br>10A Exercise w/ PARC<br>10:30A Brain Games<br>11:30A lunch<br>1P Bible Study<br>1:30P OUTING: Boat Tour<br>2P Craft Corner<br>3P Walking Club<br>Happy Birthday Elaine!    | 18<br>10A Exercise w/ PARC<br>10:30A Wordle<br>11:30A Lunch<br>1P Bingo<br>1P OUTING: Boat Tour<br>2P Tech Corner<br>3P Walking Club                                   | 19<br>10A Mass & Communion<br>10:30A Walking Club<br>11:30A Lunch<br>1P Flo & the Remnants<br>2P Travel Thursday<br>3P Tranquil Touch<br>4P Jenga         | 20<br>10A Silver Sneakers<br>10:30A Game Show<br>11:30A Lunch<br>1P Bingo<br>2P Movie and Popcorn<br>3P Walking Club<br>4P Jenga                      | 21<br>10A Weekly Chronicle<br>10:30A Bowling<br>11:30A Lunch<br>1P How It's Made<br>2P Ice Cream Social<br>3P Walking Club<br>4P Jenga                     | 22 |
| 10A Mass<br>10:30A Walking Club<br>11:30A Lunch<br>1P Sunday Matinee<br>2P Snacky Sunday<br>3P Walking Club<br>4P Jenga                                                           | 23<br>9:30A Worship Music<br>10A Church Stream<br>10:30A Mani Monday<br>11:30A Lunch<br>1P Bingo<br>2P Dirty Soda Bar!<br>3:30P Bunco                           | 24<br>10A Exercise w/ PARC<br>10:30A Brain Games<br>11:30A Lunch<br>1P Bible Study<br>1:30P Banana Split on Patio<br>3P Craft Corner<br>4P Walking Club                          | 25<br>10A Exercise with PARC<br>10:30A Carny Wordle<br>11:30A Lunch<br>1P Carnival Games<br>2P Baffling Bill Show<br>3:15P Bingo                                       | 26<br>10A Mass & Communion<br>10:30A Walking Club<br>11:30A Lunch<br>1P Going Bananas Snack<br>2P Travel Thursday<br>3P Sing- A- Long w/ Ruth<br>4P Jenga | 27<br>10A Cardio Drumming<br>10:30A Game Show<br>11:30A Lunch<br>1P Bingo<br>1:30P OUTING: Kensington Animal Farm<br>2P Happy Hour<br>3P Walking Club | 28<br>10A Weekly Chronicle<br>10:30A Jenga<br>11:30A Lunch<br>1P How It's Made<br>2P Ice Cream Social<br>3P Walking Club<br>4P Uno<br>Happy Birthday Lois! | 29 |
| 10A Mass<br>10:30A Walking Club<br>11:30A Lunch<br>1P Sunday Matinee<br>2P Snacky Sunday<br>3P Walking Club<br>4P Jenga                                                           | 30<br>9:30A Worship Music<br>10A Church Stream<br>10:30A Cardio Drumming<br>11:30A Lunch<br>1P Bingo<br>2:30P DIY Trail Mix<br>3:30P Mani Monday                | 31                                                                                                                                                                               | <div><p>NEW HOPE WHITE LAKE</p><p>— ASSISTED LIVING &amp; MEMORY CARE —</p></div> |                                                                                                                                                           |                                                                                                                                                       |                                                                                                                                                            |    |

\*\*ATTENTION: Activity's locations will be posted on the white board. All Activities are subject to change\*\* KEY: Exercise; Birthday; Church; Entertainment; Self Care; Educational